

Resources

Web Resources

- 1) www.apa.org
- 2) www.ipa.org.uk
- 3) www.ipa.org.uk/en/Societies

Magazines

1. Life Positive
2. Jiva Magazine
3. Osho World

T V Programmes

1. Sanjeevni
2. Jiva Ayurveda
3. Swami Ramdev Yoga

Videos

- 1) <https://www.youtube.com/user/LearnAboutPsychology>
- 2) <https://www.youtube.com/watch?v=L8iRjEOH41c>
- 3) <https://www.youtube.com/watch?v=O6ilnaC2vEc&list=PL667893378897E103>

CDs

- 1) In Session
- 2) Jiva Ayurveda
- 3) Swami Ramdev
- 4) Logo Therapy
- 5) Introduction to Psychotherapy